

Weight management program

Yolinda Animal Hospital is delighted to announce the launch of our Weight Management Program, in response to studies which show about half of dogs and cats in the US to be overweight or obese. Just like people, overweight pets face greatly increased risks of developing osteoarthritis, diabetes, respiratory disorders, high blood pressure, heart disease, and many forms of cancer. By ensuring your pet is a healthy weight, you can increase his or her life span by up to 20%! If you think your pet is overweight and would like to participate in the program, please call us and make an appointment today.

How much should my dog weigh?

Basset Hound: 40-60 lb; **Beagle:** 18-30 lb; **Boston Terrier:** 10-25 lb; **Boxer:** 65-80 lb (M); 50-65 lb (F); **Bulldog:** 50 lb (M); 40 lb (F); **Chihuahua:** 5-6 lb; **Cocker Spaniel:** 24-28 lb; **Dachshund:** 9-10 lb (mini); 11-12 lb (std); **Doberman Pinscher:** 65-90 lb; **German Shepherd:** 75-95 lb; **German Short-haired Pointer:** 55-70 lb (M); 45-60 lb (F); **Golden Retriever:** 65-75 lb (M); 55-65 lb (F); **Great Dane:** 130-180 lb (M); 110-150 lb (F); **Labrador Retriever:** 65-80 lb (M); 55-70 lb (F); **Matlese:** 4-6 lb; **Mastiff:** 175-190 lb; **Miniature Pinscher:** 8-10 lb; **Miniature Schnauzer:** 13-15 lb; **Pembroke Welsh Corgi:** 25-27 lb; **Pomeranian:** 4-7 lb; **Poodle:** 12-18 lb (mini); 45-65 lb (std); **Pug:** 14-18 lb; **Rottweiler:** 85-135 lb (M); 80-100 lb (F); **Shetland Sheepdog:** 20 lb; **Shih Tzu:** 9-16 lb; **Yorkshire Terrier:** 7 lb or less.

Source: Barron's Encyclopedia of Dog Breeds, 2nd ed. Figures intended to be a rough guide only. Physical examination by a licensed veterinarian is necessary to determine whether or not a pet is overweight.

Weight program steps

1. Dr. Olsen will examine your pet and may do blood work to check for underlying metabolic disorders, which can cause excessive weight gain.
2. Learn how much food to feed your pet. Pick up a free measuring cup, to help measure out the food.
3. Bring your pet back every month to be weighed.

FREE PET FOOD MEASURING CUP



Not over-feeding your pet is essential if he or she is to achieve and maintain a healthy weight, but it does require an accurate way to measure out the pet's food. For a limited time, get a free food measuring cup when you enroll your pet in our Weight Control Program.

Receive our newsletters by e-mail

Help save paper by receiving future newsletters as e-mails! For more information and to sign-up, please see our website: <http://www.YolindaVet.com>

Thank you for all the newspaper!

Lately we've been asking visitors to donate unwanted newspaper, which we use to line cages. The response has been phenomenal - thank you all very much!

It's hot. Please care for your pets.

Summer is almost here and temperatures in excess of 80 or 90 °F are to be expected for the next few months. Never leave your pet alone in a hot car, not even for five minutes. Always ensure outdoor pets have plenty of fresh water and enough shade to lay down in.

Professional pet grooming by Tony

Does your dog or cat need grooming? Tony, our resident groomer, has 18 years experience and many happy customers. Grooming is also medically necessary for pets with long hair, which can easily overheat or have irritated skin. Prices are very reasonable and include nail trim, ear clean, and anal gland expression.



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'Just what your pet needs'

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Rana E. Olsen, DVM

Mon - Fri: 8 am - 6 pm
Sat: 8 am - 12 pm